



## **LPAC – How to stay safe and sing safely at LPAC rehearsals**

### **Before the rehearsal**

1. The LPAC committee strongly recommends all choir members to have had two vaccinations against COVID-19 and to have a booster when offered, unless there is a medical reason not to have the vaccine
2. In order to protect vulnerable choir members, the LPAC committee would like you to perform a lateral flow test for COVID-19 on the day of the rehearsal. If the result is positive DO NOT COME TO THE REHEARSAL
3. If you would like tea or coffee in the break please bring your own mug

### **At the rehearsal**

1. Bring appropriate clothes to keep warm, as we will rehearse with the fresh air ventilation system on or with the doors open
2. Arrive at the Hartley Hall from 7.20pm. The doors will be locked at 7.40pm
3. The Hartley Hall has asked that you use the sanitiser gel on entry
4. The LPAC committee and the Hartley Hall would like you to wear a face covering on arrival and departure and while moving around the building.
5. Once you are in the main hall you do not need to wear a mask unless you wish to
6. You can enter the main hall through the double doors at the bottom of the stairs.
7. Go to a seat in the area where your choir part sits
8. There will be an interval of about 10 minutes after the Chairman has given out any notices
9. During the interval you can get a cup of tea or coffee, chat to other people, use the downstairs toilet etc
10. At the end of the rehearsal, put your face covering on before you leave via the stairs and the corridor to the main entrance