



How to stay safe and sing safely at LPAC rehearsals

and concert in St Michael's church

Before the rehearsal

1. The LPAC committee strongly recommends all choir members to have had two vaccinations against COVID-19 and to have a booster when offered, unless there is a medical reason not to have the vaccine
2. If you have **not** had two COVID-19 vaccinations, the LPAC committee requests that you perform a lateral flow test for COVID-19 on the day of the rehearsal
3. If you or your household contacts have had a cough, temperature, runny nose or a change in your sense of taste or smell within the last week, **PLEASE DO NOT ATTEND THE REHEARSAL** unless you have a negative COVID-19 test result
4. If you have a positive COVID-19 test (lateral flow or PCR test) **PLEASE DO NOT ATTEND THE REHEARSAL**

At the rehearsal

1. Bring your own refreshments
2. Bring appropriate clothes to keep warm, as we will rehearse with some doors open
3. Arrive at St Michael's church from 7.15pm
4. On arrival, please be patient – it will take time to get everyone in place
5. You must wear a face covering on arrival and departure and while moving around the building
6. Whilst you are singing, **you can choose if you wear a face mask or not**
7. Enter St Michael's church through the **North Porch door** into the lobby
8. Use the hand sanitiser gel
9. Use the one-way system to walk along the aisle to the choir seating near to the altar steps
10. Go to a seat that has been allocated for your choir part
11. Put your coat on the back of the chair and your bags and music scores next to your chair
12. Greet other choir members with a wave or similar, but with no physical contact
13. You can chat to the people around you, but do not move from your chair **until advised that this is no longer a requirement**
14. Always follow the conductor's instructions. He may ask the choir to sing more quietly
15. There will be a short interval of 5 minutes
16. During the interval, stay in your seat. You can have your refreshments and chat to your neighbours



17. If you want to use the toilet, go to the Hartley Hall (not the toilet in the church vestry). Follow this procedure:
 - a. Put your face covering on
 - b. Walk to the **main exit door in the South Porch**
 - c. Walk to the Hartley Hall and enter. You are only allowed to USE THE TOILETS ON THE GROUND LEVEL OF THE HALL. DO NOT USE THE TOILETS DOWNSTAIRS
 - d. After using the toilet, please use a wipe (provided) to sanitise any surfaces that you have touched whilst in there. Throw the wipe in the bin, not in the toilet
 - e. Wash your hands and dry them using the soft paper towels
 - f. Leave the Hartley Hall using the exit door and go back into the church using the **North Porch door**. Walk back to your seat
18. At the end of the rehearsal, put your face covering on and gather all your belongings together
19. Leave the church in an orderly fashion through the **South Porch door**, following the church one way system
20. If you want to chat to another choir member, you can do this outside the church
21. PLEASE NOTE: IF YOU FORGET TO BRING YOUR MUSIC SCORE, YOU WILL NOT BE ALLOWED TO SHARE